

Guess who's back, back again...

Its been just over a year since I last posted on my Martha Who? blog and I'm not going to lie, it was touch and go there, that I would ever be back! In the weeks leading up to Hudson's impending arrival, I was told "Nothing can prepare you for having a baby" and "You won't have time to do anything else" but I just brushed it off, thinking to myself "How hard can it be?" Little did I know, that when, perfect, precious little Hudson was placed in my arms for the first time, it was the very moment that everything else in my world ceased to exist! I stayed in that little bubble for months and months, I was interested in very little other than my precious new little family. I secretly begun to worry that my deep passion for the culinary world had vanished.

During this time, I remained loyal to my favourite Foodie Magazines (TASTE & Food and Home), I couldn't walk past it in the store without putting it in my trolley. They started to stack up on my beside table, unread and eventually were packed away to make room for what I deemed to be a more pertinent read at the time ... "Breastfeeding for Dummies", "5 signs that your baby is over stimulated", "Sleep Training Your Baby" and so forth. I had gone from trying to perfect challenging recipes to making Carrot puree, Butternut Puree, Pear Puree... Repeat!

As the months progressed and I became more confident in my Mommy skills, my bubble started to expand and let some of my 'old world' back in, I started exercising and fitting back into my old clothes, this went a long way in helping me find my identity again. Before I knew it, 5 months of blissful maternity leave was over and I was back at work. Now to find a new balance of juggling work, baby and home life ... again this took a few months to perfect. In between that, we bought a new house and moved from city living to the quiet burbs, then started the commute to work and the realisation that I was spending even more time away from my son each day, to do something I was no longer passionate about. The fire for the culinary world was being reignited within my belly (pun intended) and I found myself still wanting to make my career in the culinary world! Hallelujah, I was wide awake again !

A few months later, a romantic weekend away in Franschoek with Andrew and a lovely dinner out, led to the conversation of what my aspirations were for Martha Who? There on that night, after talking it through with my husband, best friend and confidante, I decided to resign from my job and finally make a career out of doing what I love!

So here I am :)

I'm back and I'm so excited to show you my new website that I've been working on... I've got lots of new recipes, tips and blog posts to share with you along our way. I hope you've had a good year, I hope you cooked lots of new and exciting dishes and shared them with those you love, I hope you ate plenty of indulgent delicious treats and not only on special occasions!

I look forward to being back in your kitchen! Come visit me at www.marthawho.co.za



